



**Cancer
Council**
NT

Cancer Council Northern Territory

Annual Report

2012



About Us



The Cancer Council of the Northern Territory Inc (CCNT) was incorporated in 1979. Over the last 34 years CCNT has gradually expanded its range of services that are delivered from three regional centres: Darwin, Alice Springs and Katherine. CCNT also provides an outreach service to accessible communities to assist in reducing the impact of cancer on those living outside the main regional centres.

Our Mission

The Cancer Council NT is a non-government, charitable, community based organisation. Our mission is to reduce the impact of cancer on Territorians and we achieve this by providing supportive care services and resources to people affected by a cancer diagnosis. This is done by delivering practical and emotional support to cancer patients, their families and friends.

Prevention and early intervention are the best ways to control cancer. Every day we have the potential to make a difference - almost everything we do affects our health. Our public education programs are conducted with the aim to increase awareness and to help assist Territorians in making sound decisions and changes to their lives to reduce their risk of cancer.

Life members

- Wolf Gilbert Pursey (Dec)
- Margaret Brown (Dec)
- Fran Wickes
- Lyn Gerdes
- Romola Sebastian-Pillai

Strategic Intent

It is the intent of the Cancer Council NT to provide as many people as possible with the opportunity to access culturally appropriate services that will assist in reducing the impact of cancer and that contribute to effective cancer control. CCNT will be viewed as a friend in difficult times - this will form the core of our thinking and actions in terms of our programs and service delivery.

VISION

The incidence and impact of cancers on Territorians is minimal .

MISSION

To reduce the impact of cancers for all Territorians.

STRATEGIES

The work and activities of CCNT will support the achievement of national priorities and the key actions within the Northern Territory Chronic Conditions Prevention & Management Strategy 2010-2020 and are summarised as:

- * Prevention
- * Support
- * Service Delivery & Quality Improvement
- * Advocacy and Research
- * Organisational Development

- 04 Chairperson Report
- 05 Board of Directors
- 06 Chief Executive Officer Report
- 08 Health services
 - 09 Programs
 - 12 Health promotion
 - 15 SunSmart
- 16 Events and fundraising
- 22 Volunteers and supporters
- 23 Donors
- 25 Audit Report and financial statements
- 27 Independent Audit Report
- 29 Board of Directors Financial Report
- 30 Staff members

Reducing the impact of all cancers for all Territorians through care, advocacy, research and education.



Chairperson/ Presidents Report

2012 developed into a year which realised significant milestones for the Cancer Council NT Inc. while the range of services continued to increase and contributions to our fundraising and events from the Territory community remained strong.



Board of Management

The Board of Management (The Board) consistently applies best practice governance but undertook a comprehensive review of governance processes to ensure preparedness for the commencement of the Australian Charities and Not for Profits Commission. The outcome of this review was the development of a Corporate Governance Charter to bring together the governance processes into one concise document. The Charter covers:

- The principles of corporate governance of the Cancer Council Northern Territory Inc.;
- Audit and Finance Committee Charter;
- Executive Committee Charter;
- Corporate Ethics Policy; and
- Corporate Code of Conduct

Strategic Planning

The Board of Management and staff of the Cancer Council developed the 2012 – 2015 Strategic Plan and strongly reiterated that our enduring purpose was cancer control. One third of cancers are preventable, most are treatable and research is ongoing to find a cure for those cancers not responding to current treatments; consequently in pursuing its enduring purpose CCNT is broadly aiming to achieve:

- Behavioural Change: - at society, community and individual levels by promoting evidence based messages and retailing products that support a healthy lifestyle to prevent cancer.
- Value Adding: - to the cancer control and health industry by providing a range of complimentary services.
- Relevance: - to the community by leading the continuous improvement and evolution of cancer control through promoting:
 - o A strong and relevant advocacy program
 - o Confidence in the Cancer Council brand within the NT, Nationally and Internationally
- Change: - by contributing to efforts to reduce the incidence, impact and burden of cancer through:
 - o Funding and participating in research projects in all areas of cancer control
 - o Translating and sharing research findings into community and professional awareness and action
 - o Evaluating cancer control programs and effectiveness to underpin continuous improvement.

The Organisation



Asset Management

Cancer Council NT expanded its Darwin office by purchasing an adjacent unit at the Vanderlin Drive premises. The office was officially opened in December 2012. The additional space has certainly relieved the cramped work space for staff, expanded the retail area and most importantly, greatly improved the facilities for clients.

Succession Planning

Mrs Helen Smith announced her retirement from the Cancer Council NT. A most significant milestone for CCNT as Helen has been at the helm for more than ten years and has built an organisation with an enviable reputation in supportive care, in education to community and in advocacy for cancer control. The Board received many accolades from her interstate colleagues noting her contribution to cancer control nationally and as a valued colleague.

On behalf of the Board of Management and the Territory community I thank Helen for her dedication and passion and wish her every happiness in her future years.

I am pleased to announce that Mrs Kathy Sadler has been appointed to succeed Helen. Kathy has previous experience in community program development with the Red Cross and has an accounting background. The Board welcomes Kathy and is looking forward to working with her to further our work in cancer control.

Thank You

Finally I take this opportunity to thank the staff, volunteers, Territory community and funding partners including the Department of Health, for their efforts and commitment to the organization. In particular a personal thank you to Mrs Helen Smith for the past ten years of service; you have indeed been a valued employee and a trusted and respected friend and colleague.



Board of Directors

Sandra Smiles	Chair
Jeff Tubbenhauer	Vice Chair
James Adcock	Director
Marilyn Harvey	Director
Allan McEwan	Director
Di Feldman	Director

Helen Smith retires from CEO after 10 dedicated years

Mrs Helen Smith announced her intention to step down from Chief Executive Officer and will retire on March 1st.

She has been a passionate leader as CEO of Cancer Council NT for 10 years and has built an organisation with an enviable reputation in supportive care, in education to community, in advocacy and in cancer control.

As CEO she has been a strong voice behind the introduction of improved services for cancer patients as well as changes in tobacco laws within the NT. The introduction of the radiation therapy unit was one of the major achievements that she was proud to be involved in, another was the change in Tobacco Control legislation – a long fought battle to gain Smoke Free legislation in the NT; protecting our workers and our community from second-hand smoke. Mrs Smith also fought for equity in access to services and lead a voice for changes afforded cancer patients in having family support when travelling away from home for treatment under PATS (the Patient Assisted Travel Scheme)

Chief Executive Officer Report

It is with pleasure that I present this 33rd Annual Report to members; however it is also with some sense of sadness as this will be the final comments from me as CEO of Cancer Council NT.

The strategic intent of the Cancer Council NT is to provide as many people as possible with the opportunity to access culturally appropriate services that will assist in reducing the impact of cancer and which contribute to effective cancer control. It is expected that CCNT will be viewed as a friend in difficult times - this forms the core of our thinking and actions in terms of our programs and service delivery. The key areas of our programs service are as:

- Prevention
- Support
- Service Delivery & Quality Improvement
- Advocacy and Research
- Organisational Development

To provide these services Cancer Council NT relies on the community for support.



2012 was again a financially rewarding year for Cancer Council NT. We have continued to be supported by a very generous and loyal NT community. Our fundraising for 2012 raised approximately \$833,021.00 and we had the most successful year on record for our Relay for Life with the Darwin event raising \$248,000.00.

Cancer Control is core raison d'être and we service this through our health promotion and prevention programs as well as our supportive care agenda and the delivery of programs under this division. The advocacy agenda of the Cancer Council is further expression of our commitment to cancer control.

Cancer Council NT has continued to meet the cancer needs of our community and our achievements and services are reported on in this review of our operations for 2012.

I acknowledge the Department of Health and the many service organisations that partner with CCNT in service provision and delivery. Together we do make a difference!

Cancer Council NT relies heavily on volunteers to assist with delivery of service and presentation of all events, including promotion and fundraising. The generosity of our community allows us to keep providing services to those in need. Those people who access our services and I are indeed grateful and truly indebted to you all.

I am grateful for the support I have received from the Board of Directors. They have strategic oversight of our operations and I have felt well supported in my management of the organisation which has resulted in a successful financial operation with a \$167,911.00 surplus for the year.

I would like to thank the staff of Cancer Council NT for their energy, dedication and professionalism they have provided throughout 2012. They all have incredible passion for the cause and for the community we are here to serve – they are the centre of all our successes.

It is with mixed emotions that I say farewell to Cancer Council NT and embark on a new life. I have expressed to many well wishes over recent times that whilst I am sad that there are some programs and ideas yet to come to fruition there will always be another challenge or project with Cancer Council and so it was with a sense of hesitation that I put a date to embark on retirement. I have treasured my time at Cancer Council NT, I am proud of the achievements we have realised over the last 10+ years, particularly financially as the organisation is in quite good stead now, but perhaps what I treasure most is that over that time – even in those early very lean years we were able to continue and even grow services and I believe we have made a difference.

I know and trust that Cancer Council will continue to meet the needs of the Territory cancer community and will continue to provide the HOPE that one day we will live in a "Cancer Free World"!

Helen Smith
CEO

Health Services

Health services

The demand for Cancer Council Support Services continued to grow in both Darwin and Alice Springs regions in 2012. Total client contact figures rose from 2609 in 2011 to 3308 in 2012 indicating that Cancer Council NT are providing a very relevant and important service to Territorians affected by cancer as well as their family and friends.

Our working relationships continue to develop with the Alan Walker Cancer Care Centre staff – particularly as we see more clients from rural and remote areas including Alice Springs coming to Darwin for treatment. The Alice Springs Support Nurse also continues to develop good working relationships with health professionals involved with cancer clients at Alice Springs Hospital and in the wider community.

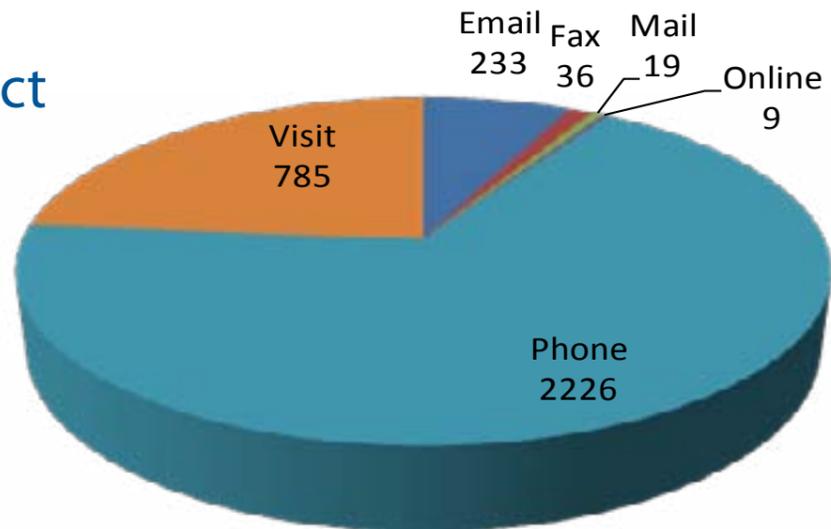
Barbara James House – the medical accommodation centre for rural and remote cancer clients provides an opportunity for our

Cancer Support Nurse to visit on a fortnightly basis to provide counselling information and support, consulting with an average of 3 clients each visit. Liaising with our Alice Springs support nurse ensures that these clients can continue to be supported when they return home.

Support staff presence at Multi-disciplinary Team meetings for Surgical Oncology, Gynaecological Oncology and Head and Neck Cancers at Alan Walker Cancer Care Centre and the Surgical Oncology meetings at Alice Springs hospital ensures that the psychosocial support needs of cancer patients are acknowledged and referral made to CCNT services when appropriate.

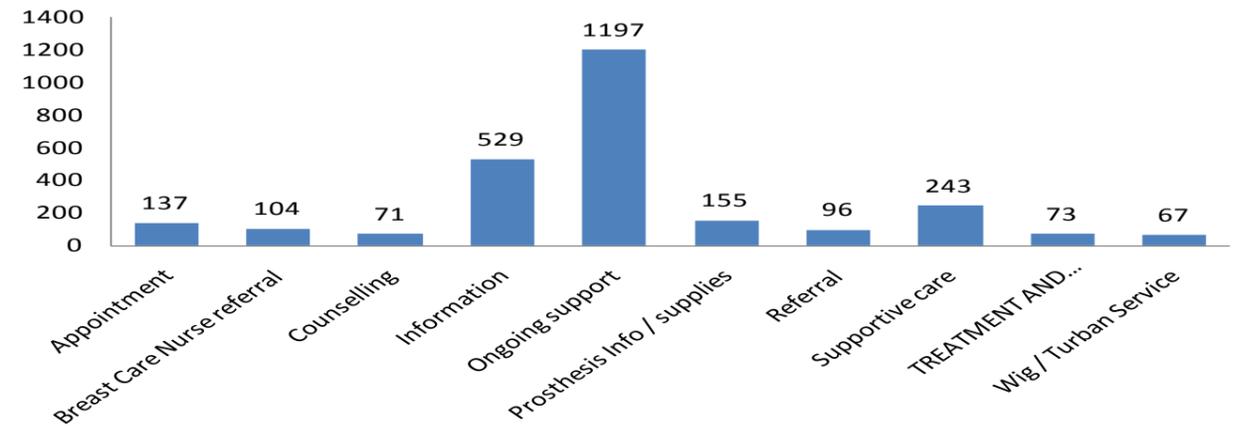
The following graph indicates the type of contact made to Cancer Council NT Support Services. Phone contact was the most frequently used mode of contact at 2226 for Year 2012. Visits were the second most

Type of Contact



Health Services

Programs



The above graph demonstrates the top ten reasons for Cancer Council NT Support Service contacts. Ongoing support is by far the most common reason for contact at 1197 of the 2672 top ten total contacts.

Information is the second most common reason for contact at 529 contacts. Supportive Care, Prosthesis Info/Supplies, Appointment and Breast Care Nurse Referral are also frequent reasons for contact.

Support staff changes in 2012 welcomed Chelsey Dunne to role of Support Nurse in Darwin in June and Susi Schleich to Support Nurse in Alice Springs in August. Marg Hodgetts

– well known here at CCNT as a Support Nurse returned to us in June as Admin Support for Support staff – part time. Marg Lavery continued on as Women’s Cancer and Breast Care nurse in Darwin. This full complement of staff has enabled us to meet the growing demand for our services.

The Wig & Turban service continued to run successfully throughout 2012. Forty two women who had suffered hair loss due to their cancer treatment received a professionally fitted wig– a benefits of being a member of the Cancer Council NT. This service is also available for men.



Health Services

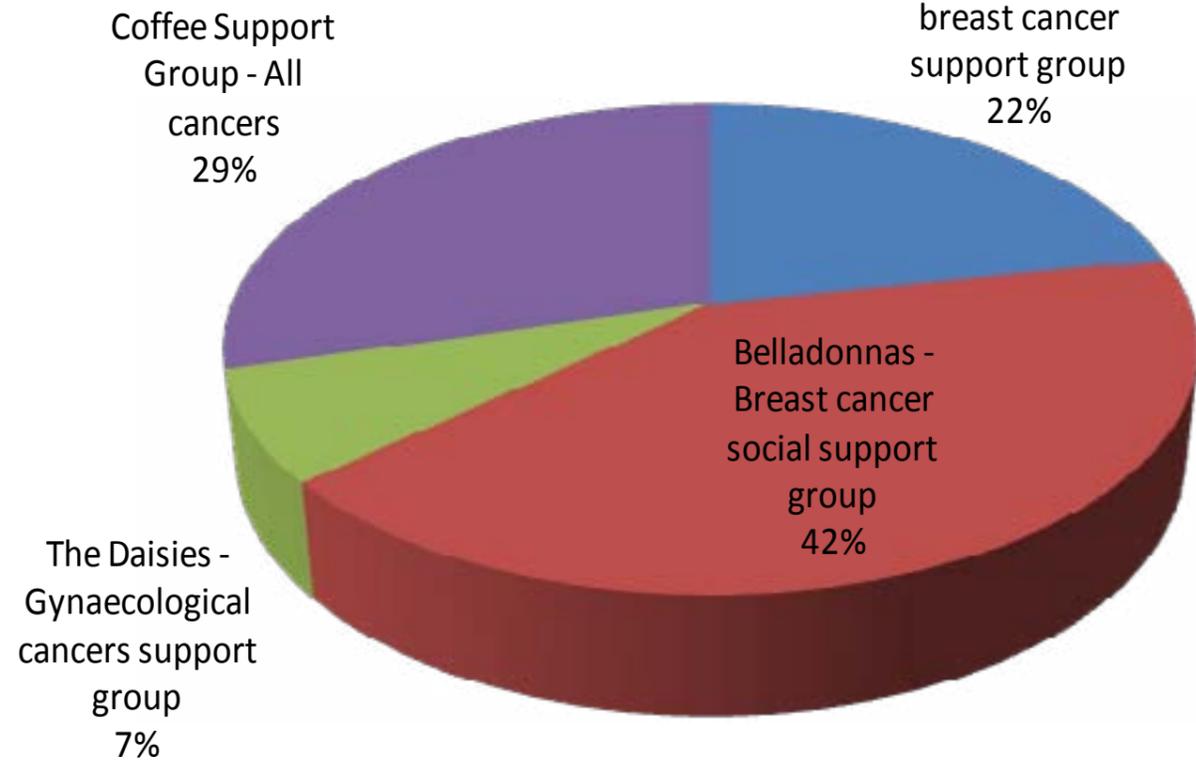
CCNT Support groups continue to be well supported by our clients as we strive to meet the ever changing needs of different groups. We currently support 4 groups in Darwin.

Cancer Council NT are aware of constantly evolving information around cancer treatments and care of patients and fully support staff in professional development both locally and at national conferences. In 2012 staff attended the Sydney International Breast Cancer Congress the Clinical Oncology Society Australia and the International Psycho-oncology Society conference in Brisbane as well as locally run events. Support staff also hold monthly in-service education sessions to ensure we are able to provide clients with the most relevant and up to date information.

Looking to the future, the challenge for Cancer Council NT Support Services is how to grow support and access to CCNT services for our rural and remote clients and develop relationships with their communities. We have taken the first steps towards this through our client contact at Alan Walker Cancer Care Centre, Barbara James House and Alice Springs Hospital and hope to build on this in 2013.

Late 2012, Cancer Council NT Support Services staff conducted a survey on Support Groups. Participants included clients of Cancer Council NT with a range of diagnoses and ages. A total of 52 people took part in the survey and 72.9% of the participants had attended a Cancer Council Support Group meeting. Below is a graph outlining which support group they attended.

Support Group Attendances

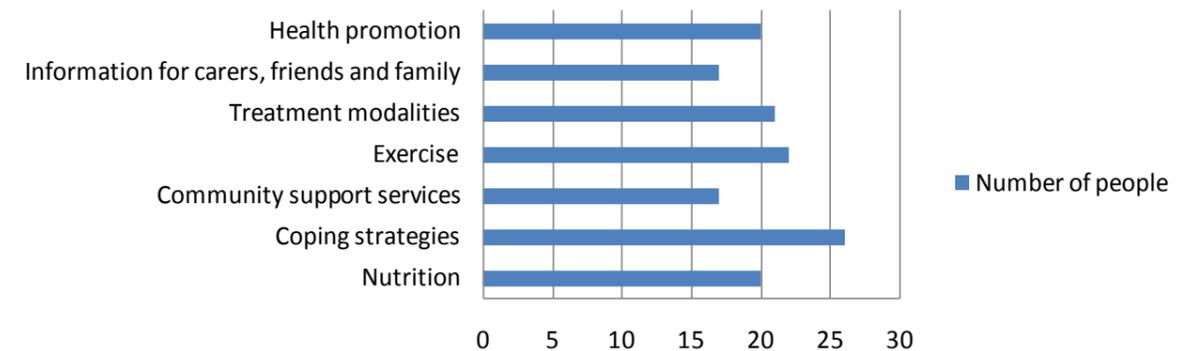


Health Services

83.3% of the attendees felt that the support group met their needs and 81.8% of total participants would like a support group to provide a mixture of both social interaction and informative sessions. The survey also gave participants a chance to determine what topics they would like addressed at future support group meetings. The graph below depicts the responses received.

The Annual Breast Cancer Retreat was held in May at Darwin Free Spirit Resort at Palmerston. 18 participants enjoyed a weekend of sharing and learning and can be best summed up by the following comment from one participant – “the program seemed to have the right amount of information, fun and entertainment and to ensure that it catered for all involved. I have come away feeling a lot less alone and armed with more confidence which can only help in the upcoming months, both personally and professionally”.

Topics requested by participants for future meetings



Breast Cancer Retreat 2012



Health Services

Health Promotion

Health Promotion is an important component to the Cancer Council NT's work. It may surprise you to learn that at least one in three cancer cases are preventable and the number of cancer deaths could be reduced significantly by choosing a cancer smart lifestyle.

More than 13,000 cancer deaths each year are due to smoking, sun exposure, poor diet, alcohol, inadequate exercise or being overweight.

That's why it's important for us to raise awareness around the simple steps you can take to minimise your cancer risk. This year CCNT was involved in a wide variety of health promotion activities with schools, organisations and businesses. This involved delivering numerous sessions on cancer prevention and early detection for students, staff members and employees. CCNT also had the opportunity to attend various events around Darwin to raise awareness around cancer prevention and to deliver key messages to the community.



World Cancer Day 4 February 2012

World Cancer Day is about acknowledging the increasing impact of cancer on people around the world and efforts to improve cancer prevention, treatment and care. Preventing cancer and raising the quality of life for cancer patients are recurring themes. The World Health Organisation estimates that 84 million people will die of cancer between 2005 and 2015 without intervention. This year CCNT held cancer awareness stalls in both Alice Springs and Darwin. CCNT would like to thank those who helped out in both locations, helping to make the day a success.

Ovarian Cancer Awareness Month

Almost 1300 Australian women are diagnosed with ovarian cancer every year. More than two-thirds of women are diagnosed at an advanced stage, where the cancer has spread and is difficult to treat successfully.

Ovarian Cancer Awareness Month is held annually in February to highlight the symptoms of ovarian cancer in hopes of informing women of the facts and what to look out for. This month also provides an opportunity to increase public awareness of ovarian cancer and its impact on those affected by the disease, as well as their loved ones and carers.

CCNT's Breast Care Nurse, along with our fantastic volunteers, held an Ovarian Cancer Awareness stall at Casuarina Square to inform the public about the symptoms of ovarian cancer and answer questions about early detection, diagnosis and treatment.



Health Services

Bowel Cancer Awareness Week 6-13 June 2012

Bowel Cancer Awareness Week is an annual public education initiative with the aim of saving lives through early detection. Bowel Cancer has the second most highest cancer mortality rate in Australia and more than 14,000 people are diagnosed each year. Activities during this week promote and encourage Australians who are at a higher risk of developing the disease or experiencing symptoms to consult their doctor. This year the Cancer Council NT held a Bowel Cancer Awareness stall at the Casuarina Square.

2012 Grief and Loss Forums

There were two Grief and Loss forums held in 2012. The forums are held over two weeks and are facilitated by our Psychologist Cheryl Blakey. Feedback from participants assured us that we are achieving the aim of grief and loss sessions.

National Skin Cancer Action Week – 20-26 November 2012

Australia has the highest rate of skin cancer in the world. About every two out of three Australians will develop some form of skin cancer, and more than 1,800 Australians die from melanoma each year – more than the national road toll. National Skin Cancer Week is held annually at the start of Summer and aims to raise awareness of skin cancer in Australia and is hosted by Cancer Council in conjunction with the Australasian College of Dermatologists. Michael Clarke, Australian Cricket's Twenty-20 captain and Test vice captain again supported the "Be SunSmart this summer" campaign.

CCNT aims to promote skin cancer education and awareness in the community.



Your Body Your Mind Your Life 2012

In 2012 the CCNT held two sessions. The first was well attended with six participants who all gave positive feedback. In particular they enjoyed the education session each week as well as a greater feeling of wellbeing and a desire to continue being active from the exercise component.

After the first group, we had trouble recruiting people so it was November before the second group was scheduled. This time attendance was poor. CCNT would like to evaluate these sessions and find out what type of structure will benefit more clients.



Health Services

Men's Health Pit Stop- June 2012

The Pit Stop program was developed as a men's public health program, by the Gascoyne Public Health Unit in response to the declining health of men in Australian society. As men regularly take an interest in their cars, and the ongoing maintenance of them, the idea behind Pit Stop is to attach this concept of regular mechanical tune-ups to their own health. Pit Stop is run as a series of stations, each involving a quick, simple health check under the concept of a mechanical tune up.

The Pit Stop environment is non-medical and designed to be comfortable and fun allowing participants to overcome any apprehension that they may have about going to a doctor or presenting with a specific problem.

How Pit Stop works

- Men are invited to participate and measure their roadworthiness, i.e. health status by running through a series of stations (health checks).
- Participants register and proceed through the stations, which are staffed by health mechanics.
- Once participants have completed all stations, their Work Order Form is assessed. To pass the pits, participants must have passed the majority of stations.
- If they pass they are presented with a 'Registration' sticker declaring their body is a 'hot machine, licensed and road worthy'.
- If they fail more than two individual stations, they are presented a 'Work Order' sticker that requires the participant to undergo some tune-ups before they are considered road-worthy.

Cancer Council NT in conjunction with the Men's Health Strategy Unit, Unions NT, Casuarina Community Care and GPNNT ran two "Pit Stops" at the V8 Supercars and Big Boys Toys Expo. CCNT would like to give a big thank you to the wonderful volunteers for all of their hard work and dedication.

Cancer Council NT Tobacco Awareness Campaign Update

Tobacco smoking is the single most preventable cause of ill health and death in Australia and the Northern Territory (NT) has the highest rate of smoking in Australia resulting in approximately 20% of deaths and a significant number of hospital admissions. In 2008, more than half (54.6%) of NT Indigenous adults were current smokers. NT has the highest smoking prevalence rate for people aged over 18 years of age with 60% being indigenous males and 50% indigenous females and 31% non-indigenous males and 25% females¹ in comparison to the rest of Australia (15%).

Social marketing campaigns are effective in attitude change and promoting readiness to quit. The themes found to be most effective are those that arouse strong, negative emotions and/or depict serious harm caused by smoking or second-hand smoke in an authentic way.

Therefore, to tackle the problem of the NT's high smoking prevalence rate and children's exposure to second-hand smoke Cancer Council Northern Territory (CCNT) agreed to conduct a Public Health Advocacy Campaign through television and print materials.

The campaign promoted the dangers of second-hand smoke on children and focused on reminding them of what the impact their habit could have on their children and the youth of the NT. The television commercial depicts everyday occurrences in the NT and demonstrates the impact of second-hand smoke has on children.

The main purpose of the campaign is to work as a trigger for adults in the community to consider quitting. The end frame of the commercials and the posters all promote the Quitline. Whilst adults may realise that smoking is harmful to them, it's important for them to also think about who else they may be endangering when they choose to smoke.

Health Services

Cancer Council NT's SunSmart Program

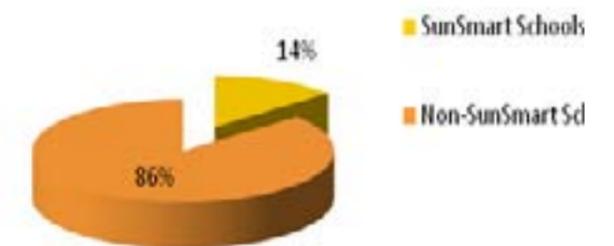
Sun exposure in the first 15 years of life, when children are at early childhood centres and school, greatly increases the risk of skin cancer later in life. However, most skin cancers can be prevented, and schools and early childhood centres have a vital role in ensuring children are protected from UV radiation.

The SunSmart Program is a successful national skin cancer prevention program that supports schools and early childhood centres to reduce children's exposure to UV radiation and therefore reduce their risk of skin cancer in later life. The program aims to increase the proportion of staff, children and families adopting sun protection measures by increasing their awareness of skin cancer and maintaining their commitment to sun protection.

The Early Learning Centres (ELCs) continued to show interest in joining the SunSmart program. The number of centres registered as SunSmart increased to 40% of ELCs in the territory now having active sun protection policies. The Health Promotion Officer assists ELCs to develop and implement a SunSmart policy and continued support is provided through regular newsletters and the provision of resources. Existing SunSmart ELCs are also supported when their policy is due for renewal.

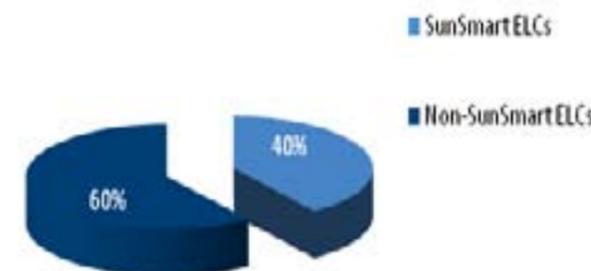


This year there was an increase in the number of primary schools applying for SunSmart status, with 14% of NT primary schools now having active policies. Primary schools are offered the same level of support from CCNT as ELCs. As you can see from the below table there is still more work to be done in this area. CCNT are looking forward to further developing this program in the coming year in the hope to move towards all schools and early childhood centres in the Northern Territory participating in the program.



CCNT's Health Promotion Officer continues to stand on the National Schools and Early Childhood Working Group as well as the National Skin Cancer Committee to stay up to date and connected with the latest information and activities.

To find out if your school or early childhood centre is participating in the program email healthpromotion@cancernt.org.au.



Events and Fundraising

Support for the Cancer Council NT's popular fundraising events has grown steadily over the last few years and this year has been no exception with 2012 raising a total of \$833 021.00. All funds raised enable the delivery of Cancer Council NT's wide range of services, including support services, advocacy and health promotion.

While Relay For Life and Australia's Biggest Morning Tea are still our two most successful events of the year, they are also well supported by our other events such as Pink Ribbon Day, Daffodil Day, Girls Night In and our community events. Unfortunately, one of our large, community initiated and organised annual events – Mud Crab and Quail Dinner and Auction was postponed due to Darwin Sailing Club being unable

to continue with their support.

February marked **Ovarian Cancer Awareness** month and The Hon Jane Aagard showed her support by hosting a Cockteal Party at Parliament house on Wednesday 29th. Parliament House was a sea of teal with over 200 ladies dressed in the International colour to promote awareness and recognition of Ovarian Cancer. Survivor Susanne Angelis abseiled from the fourth floor as she celebrated her two years in remission.

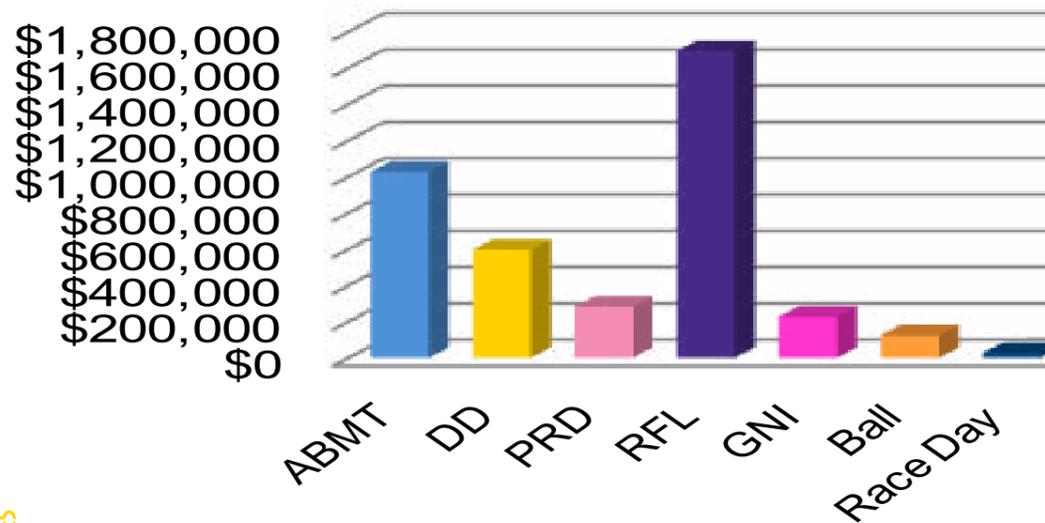


Our sincere appreciation is extended to our wonderful volunteers who generously give to our fundraising and activities right across the Territory. Each of them with a different story and motivations but all united in their efforts to help win the fight against cancer. We would also like to thank the many corporate sponsors who support our work throughout the year.

Australia's Biggest Morning Tea still remains well supported in its 19th year within the Northern Territory community, with over 465 Morning Teas held in a variety of sectors including public and private businesses, schools, households and community groups. ABMT 2012 was launched in the Territory by Chamber Connect this year and we have seen a 14% increase in fundraising from 2011 with a total of \$183, 868.36.

Darwin's highest fundraiser was again the Greek Orthodox Community of Northern Australia who held their morning tea at the Greek School hall. Irene Mellios and the Greek Community together raised an enormous \$25,009.60 through live auctions, raffles, donations and scrumptious morning tea items. There was a morning tea to be found in every corner of Katherine and Alice Springs. Elizabeth Hart was the highest fundraiser in the Katherine region raising a total of \$6977.20. Paul Jakubiszyn & the Whole Space Base Crew from Alice Springs were the highest fundraisers in Alice with a grand total of \$5541.00.

Fundraising Events 2006-2012



MORNING TEA!



Events and Fundraising



Friday 28 August 2012 saw the Northern Territory community come together to support the Cancer Council's flagship event – Daffodil Day. In 2012 despite experiencing a small decrease in annual income, the NT saw more than 200 schools, businesses and community groups turn the territory yellow and sold Daffodil Day merchandise to help raise funds for this annual event.

Fresh daffodils were freighted from Victoria, which was generously donated by Toll Priority, and contributed to the \$65,420.55 which was raised through the selling of merchandise and daffodils. 21 merchandise sites throughout Darwin, Alice Springs and Katherine were held on the day and wouldn't have been made possible without the generosity of our 120 very loyal volunteers that showed their support.

On another exciting note, Frampton's Alice Springs bigheartedly assisted in selling Daffodils at their own merchandise stall again this year and raised \$10,320.00 which was the highest they have ever raised for Daffodil Day.



Events and Fundraising



Pink Ribbon Day has seen another successful year in the territory with this year's Pink Ribbon Day Focus being around breast and gynaecological cancers incorporating both Pink Ribbon Day and Girls Night In.

Every day in Australia around 48 women are diagnosed with a gynaecological or breast cancer and an increase in fundraising in the Territory resulted in a total of \$84, 501.75 raised for Pink this year.

That's \$49,260.02 raised through the sale of pink merchandise in our community, alongside our street and shopping centre stalls and \$35,241.74 raised from our Girls' Night In events which gave women (and men) the excuse to catch up with the girls whilst raising much needed funds for Cancer Council NT.



Cancer Council NT's Pink Ribbon Race Day. Cancer Council NT in conjunction with Darwin Turf Club hosted our Inaugural Pink Ribbon Race Day on Caulfield Cup, Saturday 20th October.

The Race Day was a feature day on the Darwin Turf Club calendar and gave the community the opportunity to support the Cancer Council NT and Pink Ribbon Day, with a day filled with racing, raffles, auctions and lots of fun!

After such a successful event, The Cancer Council's Pink Ribbon Race Day will now become an annual community event to assist the fundraising towards women's cancers in the Northern Territory.

We would like to sincerely thank the Race Day sponsors BH Marine, Southern Cross Television and Tropical Computers who assisted in raising \$7778.15.



Events and Fundraising

Cancer Council NT's 2012 007 Themed Gala Ball

Cancer Council NT hosted the James Bond 007 inspired Gala Ball on the 16th June 2012 at the Holiday Inn Esplanade Darwin.

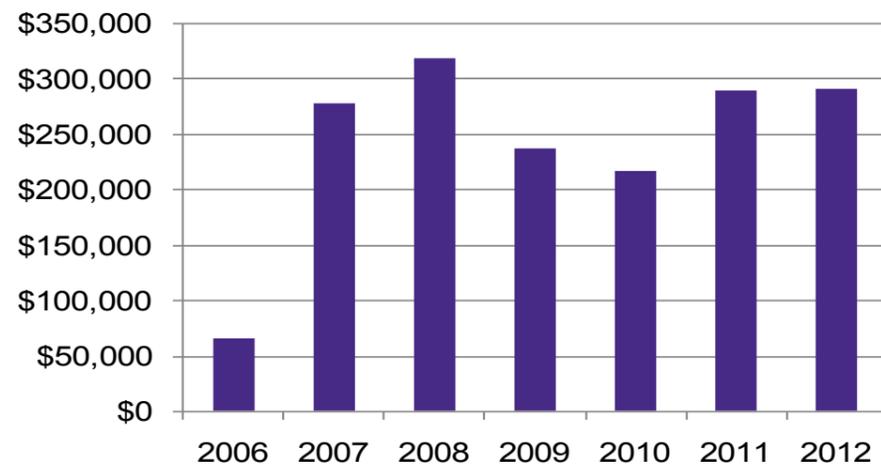
The night was a great success with over 100 guests enjoying a 3 course meal and a night of entertainment and drinks.

Rick Knight donated his time to be the MC for the evening and had the crowd in stitches with his re-enactment of classic James Bond movie scenes.

One of our great supporters, Karl Secondis from One Real Estate, led the charity auction. With 13 auction items donated by generous local Darwin Businesses the crowd managed to raise \$22,550.00! Our most successful live auction to date.

Eve Robinson shared her inspirational cancer journey on the night and showed each guest the importance of raising money for the Cancer Council NT and how the support services offered can assist a patient and their family to get through their battle.

In total, through our raffle, live auction and donations the night raised \$41,095.45!



Growth in Relay For Life income 2006- 2012

Events and Fundraising

Relay For Life

Relay For Life is an event for the community, big or small, to get together and celebrate cancer survivors, Remember loved ones lost to cancer, and Fight Back against the disease that takes too much. We hope to continue to see this event grow through out the Northern Territory and help the community through their cancer journeys. Since 2000, Relay For Life has set exceptional records. Developing from relatively small beginnings, Relay For Life has grown into Cancer Council NT's biggest annual fundraiser.

The Darwin Relay For Life was hailed the most successful Darwin Relay to date! The community achieved an outstanding amount of \$ 248,861.48. This is an 18% increase from 2011 and a 35% increase from 2010. With a total of 72 participating teams and 953 registrants we saw over 1,500 supporters at the over-night event. "Macmahons" Team captain, Helen Fischer was awarded the Highest Corporate Fundraising team, raising \$34,992.45. Susan Walsh, captained "Team UFO" and was awarded Highest Community Fundraiser, raising \$16,768.05.

Relay had an exceptional year in 2012 with 3 events held in Darwin, Katherine and Tennant Creek raising an amazing \$291,745.98- the highest income Relay has seen in the Northern Territory since 2008 and the most ever raised with just 3 events.

Tennant Creek's Relay was held on 10th February at the Tennant Creek Football Oval, starting at 6pm and concluding at midnight. The event attracted around 100 supporters who turned up to honour loved ones lost, support the community members that are currently battling cancer and to raise money for the support services of the Cancer Council NT. The small, but generous, community managed to raise \$23,962.40! With team 'Pretty in Pink' taking the award for Highest Fundraiser with a team total of \$7,820.20.

Katherine hosted their Relay on the 8th September at the Katherine Recreation and Sports Club Oval. The small community banded together with 10 teams and 113 registrants to raise an amazing total of \$18,922.10 which is a 32% increase from the total fundraising amount in 2011 which was \$12,934.00. Team "The Energizers" took away the prize for highest fundraiser with a total fundraising amount of \$4,246.35.



Volunteers and supporters

Volunteers

The Cancer Council NT is very fortunate to have a team of passionate and dedicated volunteers who provide enormous support to our organisation. We are very fortunate to have such a diverse team of volunteers; people that volunteer in-between their work and busy lives to simply give something back to their community and those that have been touched by cancer in some way – either personally or through a family member, friend or even a work colleague.

The various roles undertaken by volunteers includes providing specific skills to a project or task, offering peer support to health campaigns and advocacy and supporting the day to day work in our offices. Our volunteers are committed to the philosophies and goals of the Cancer Council NT and their selfless effort is greatly appreciated.

We are always looking to welcome new volunteers to our team, especially at the time of our major events. If you know anyone interested please let them know we happily accommodate to a variety of skill sets and appreciate anyone willing to donate their time.

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 Northern Territory Government
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Cancer Council NT is deeply grateful to all our volunteers and supporters.

You are making a real difference in reducing the impact of cancer for Territorians.



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Peter Rice	Ardys Zoellner

Balance Sheet

FOR THE YEAR ENDED 31 DECEMBER 2012

	Note	2012	2011
		\$	\$
CURRENT ASSETS			
Cash and cash equivalents	2	1,806,957	1,567,169
Trade and other receivables	3	117,215	147,563
Inventory	4	90,111	93,939
Prepayments		13,655	12,508
		<u>2,027,938</u>	<u>1,821,179</u>
NON CURRENT ASSETS			
Property, plant and equipment	5(a)	417,197	386,923
Intangible assets	5(c)	6,425	23,346
		<u>423,622</u>	<u>410,269</u>
TOTAL ASSETS		<u>2,451,560</u>	<u>2,231,448</u>
CURRENT LIABILITIES			
Trade and other payables	6	68,629	38,036
Provisions	7	123,336	83,576
		<u>191,965</u>	<u>121,612</u>
NON CURRENT LIABILITIES			
Provisions	7	2,420	20,572
		<u>2,420</u>	<u>20,572</u>
TOTAL LIABILITIES		<u>194,385</u>	<u>142,184</u>
NET ASSETS		<u>2,257,175</u>	<u>2,089,264</u>
ACCUMULATED FUNDS			
Accumulated surplus	8	2,185,523	2,067,612
Reserves for Research and Development	8	50,000	0
Asset revaluation reserve		21,652	21,652
		<u>2,257,175</u>	<u>2,089,264</u>

Income Statement

FOR THE YEAR ENDED 31 DECEMBER 2012

	Note	2012 \$	2011 \$
INCOME			
Grant funding	9(a)	388,846	401,038
Fundraising and donations	9(b)	833,021	823,800
Sales and royalties	9(c)	98,351	109,004
Other income	9(d)	510,129	532,675
Total income		1,830,347	1,866,517
EXPENDITURE			
Administration and support services	10(a)	1,125,861	1,108,697
Cost of sales	10(b)	495,184	496,152
Depreciation and amortisation	5(b) & (c)	41,391	38,312
Total expenditure		1,662,436	1,643,161
NET SURPLUS FOR THE YEAR		167,911	223,356



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Independent audit report to the Members of the Cancer Council of the Northern Territory Incorporated

We have audited the accompanying special purpose financial report of the Cancer Council of the Northern Territory Incorporated ("the Association"), which comprises the balance sheet as at 31 December 2012 and the income statement for the year then ended, a summary of significant accounting policies and other explanatory notes and the Board of Directors report.

The Responsibility of the Board of Directors for the Financial Report

The Board of Directors of the Association are responsible for the preparation of the special purpose financial report in accordance with the reporting requirements of the Associations Act and the Association's Constitution and are appropriate to meet the needs of the members, and for such internal control as the Board of Directors determines is necessary to enable the preparation of a financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessments of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Board of Directors, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

We are independent of the Association, and have met the independence requirements of Australian professional ethical pronouncements.

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Basis for Qualified Auditor's Opinion

As is common for organisations of this type, it is not practical to establish an efficient system of controls over the following revenue lines prior to entry into its financial records:

Fundraising events - \$704,883
Sponsorship and donations - \$128,138

Accordingly, as the evidence available to us regarding this source of revenue was limited, our audit procedures with respect to these sources had to be restricted to the amounts recorded in the financial records. We therefore are unable to confirm that these sources of revenue recorded by the Association are complete.

Qualified Auditor's Opinion

In our opinion, except for the effects, if any, of the matter noted in the qualification paragraph above:

- a. the special purpose financial report presents fairly, in all material respects, the financial position of the Cancer Council of the Northern Territory Incorporated as of 31 December 2012 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements;
- b. there are reasonable grounds to believe the Association will be able to pay its debts when they fall due;
- c. we have obtained all information and explanations required; and
- d. proper accounting records and other records have been kept by the Association as required by the Associations Act.

Basis of Accounting and Restriction on Distribution

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report is prepared to assist Cancer Council of the Northern Territory Incorporated to meet the reporting requirements of the Associations Act and the Association's Constitution. As a result, the financial report may not be suitable for another purpose.

Merit Partners

Matthew Kennon
Director

DARWIN
Date: 25/3/2013

Cancer Council of the Northern Territory Incorporated

Board of Directors Report

FOR THE YEAR ENDED 31 DECEMBER 2012

Your board members submit the financial report of the Cancer Council of the Northern Territory Incorporated for the financial year ended 31 December 2012.

BOARD MEMBERS

The names of board members at the date of this report are

Chairperson	Ms Sande Smiles
Vice Chairperson	Mr Jeff Tebbehauer
Public Officer	Roncia Sebastian-Pitsoi
Directors	Mr James Adcock Ms Diana Feldman Ms Marilyn Harvey Mr Allan McEwan - Consumer Representative

PRINCIPAL ACTIVITY

The principal activity of the Association during the year was the provision of support services to community members affected by cancer. There were no significant changes in the nature of the Association's principal activities during the year.

OPERATING RESULT

The operating surplus for the year was \$167,911 (2011: \$223,356)

In our opinion –

- a) the accompanying financial report as set out on pages 6 to 14, being a special purpose financial report, is drawn up so as to present fairly the state of affairs of the Association as at 31 December 2012 and the results of the Association for the year ended on that date;
- b) the accounts of the Association have been properly prepared and are in accordance with the books of account of the Association; and
- c) there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

Ms Sande Smiles

Chairperson

Date: 20/3/2013
DARWIN

The Organisation

Staff Members



Helen Smith
CEO



Helen Meyering
Manager Corporate
Services & Finance Officer



Prue Fullford
Events & Fundraising
Coordinator



Marg Lavery
Women's Cancer
Nurse



Marg Hodgetts
Support Admin
Officer



Claire Monks
Events & Fundraising
Officer



Chelsey Dunne
Nurse Counsellor



Theodora Vrodos
Administration



Tania Bangay
Events & Fundraising
Officer- Katherine



Meredith Elliot
Events & Fundraising
Officer- Alice Springs
Resigned



Jessica Alcorso
Health Promotion &
Special Projects Officer
Resigned



Bev Dennis
Women's Cancer
Nurse- Alice Springs
Resigned



Ana Uszynski
Women's Cancer Nurse
Alice Springs- Resigned

Cheryl Blakely
Psychologist



Cancer Prevention Guide

10 ways to lower your cancer risk



1. Quit smoking or, better still, never start.

Quitline
137848



8. Have moderate amounts of lean red meat (2-3 serves a week) and limit or avoid processed meat.



2. Maintain a healthy weight.

9. Enjoy a balanced diet with plenty of vegetables and fruit. Aim for 5 serves of vegetables and 2 serves of fruit a day. A serve is about a handful.



3. Be physically active. Aim for at least 30 minutes, preferably more, on most days of the week.

10. Eat a variety of wholegrain, wholemeal and high-fibre foods such as cereals, breads, rice and pasta. Aim for at least 2 serves a day, with half being wholegrain.



4. Protect yourself from the sun in five ways: Slip on clothing that covers your arms and legs, slap on a hat, slop on sunscreen, slide on sunglasses and seek shade.



5. Get to know your body and what is normal for you, and see your doctor when you notice any changes.



6. Ask your GP about whether you should be undergoing any screening tests.



7. Limit or avoid drinking alcohol. The recommendation is no more than 2 standard drinks a day. And try to have at least 1 or 2 alcohol-free days a week.

 **Cancer Council
Helpline**
13 11 20
www.cancer.org.au

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support.alice@cancernt.org.au

www.cancerCouncilnt.com.au

You don't have to face cancer alone.